

2021 Week 15

State of Nevada Data Set

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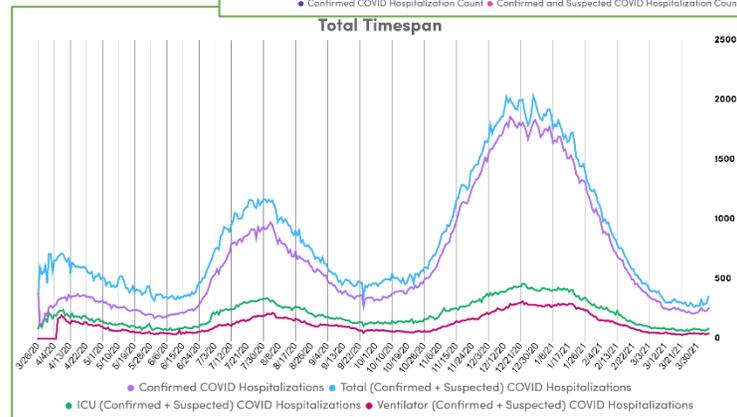
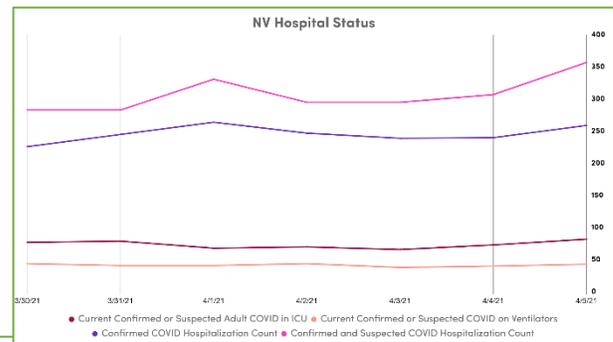
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IMPORTANT: If you need access to hospital data, you must register for NHISS portal access. Send an email request to COVID@nvha.net

Nevada is experiencing a slight increase in COVID-19 hospitalizations but not at a rate that is placing any significant burden on the healthcare system.

Total hospitalized patient counts increased from 283 to 357 over the course of a week. The increases are most pronounced in the northern region.

Rural areas continue to decrease.

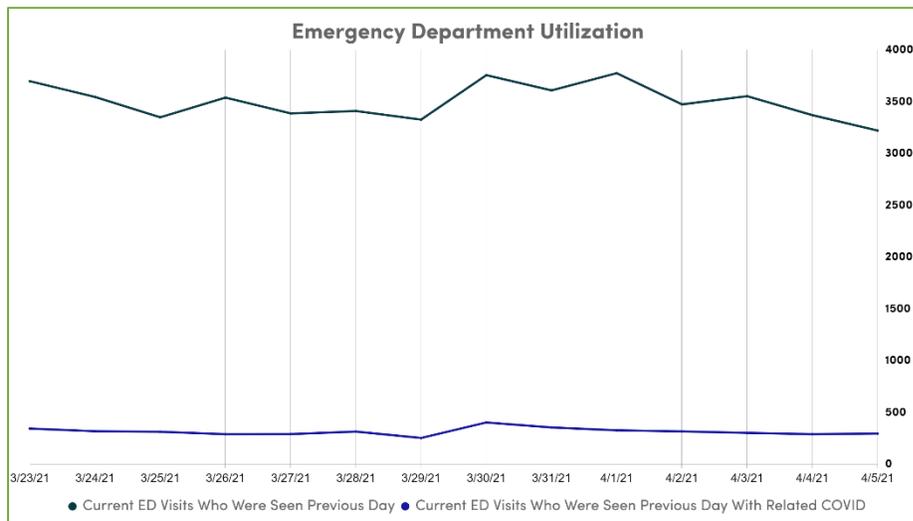


Regional COVID-19 Hospitalizations as of Apr. 6, 2021

| Category | Nevada | North | South | Rural |
|-----------------------|--------|-------|-------|-------|
| Confirmed COVID-19 | 257 | 30 | 223 | 4 |
| Suspected COVID-19 | 59 | 2 | 56 | 1 |
| Hospitalized COVID-19 | 316 | 32 | 279 | 5 |
| ICU Patients | 68 | 10 | 57 | 1 |
| Ventilator Required | 39 | 4 | 35 | 0 |

The Nevada Hospital Association reiterated in the week 14 report that hospitals could reasonably anticipate experiencing volume increases starting between April 5-11. This appears to be occurring, however, we believe the increases will be at a slower tempo and will not overpower hospital capacity based on the appreciated vaccine effectiveness and the public's continued willingness to receive the vaccine. In the meantime, the continued need for social distancing and individual responsibility cannot be understated.

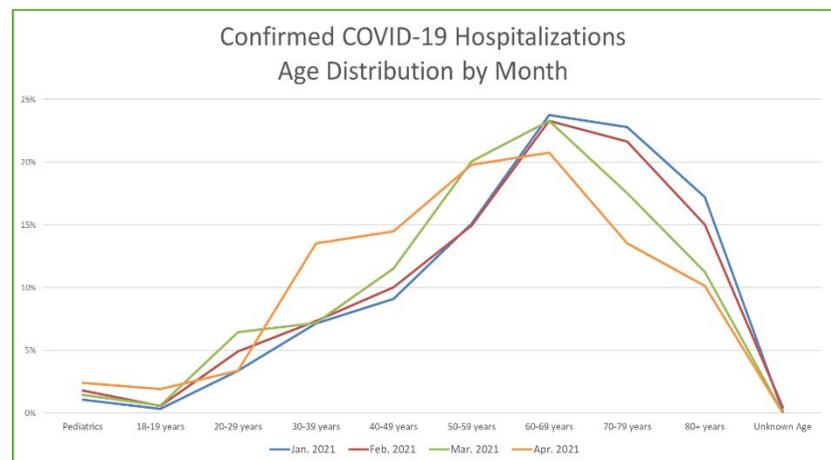
Emergency Department Use



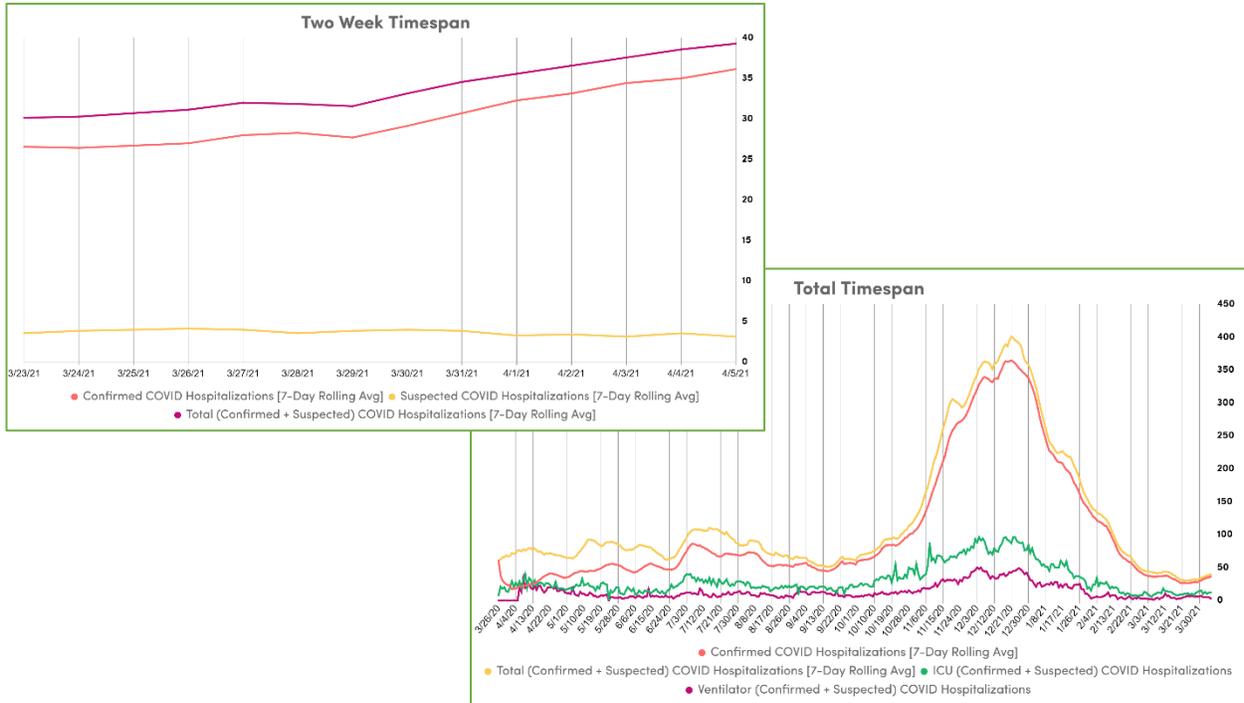
Emergency Department (ED) visits for COVID-19-related symptoms remained within the 8-9% range. This is the fifth week that COVID-19 symptoms have accounted for less than 10% of all ED visits.

Age Distributions

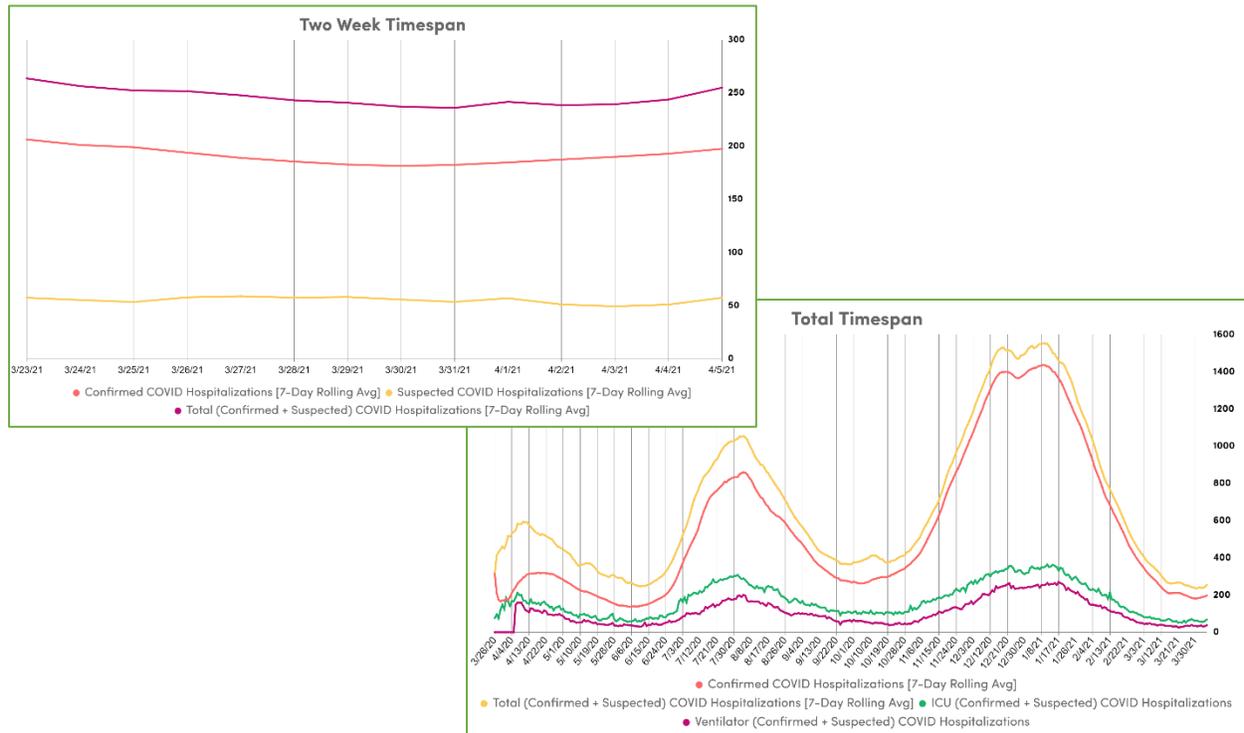
The 65+ year-old age groups have been eligible for vaccination for a significant period of time in Nevada. The percentages of hospitalized persons in these age groups have continued to decline during the course of the year. This is believed to be evidence of vaccine effectiveness within this population. Vaccines are now open to all persons above age 16 and remain highly encouraged.



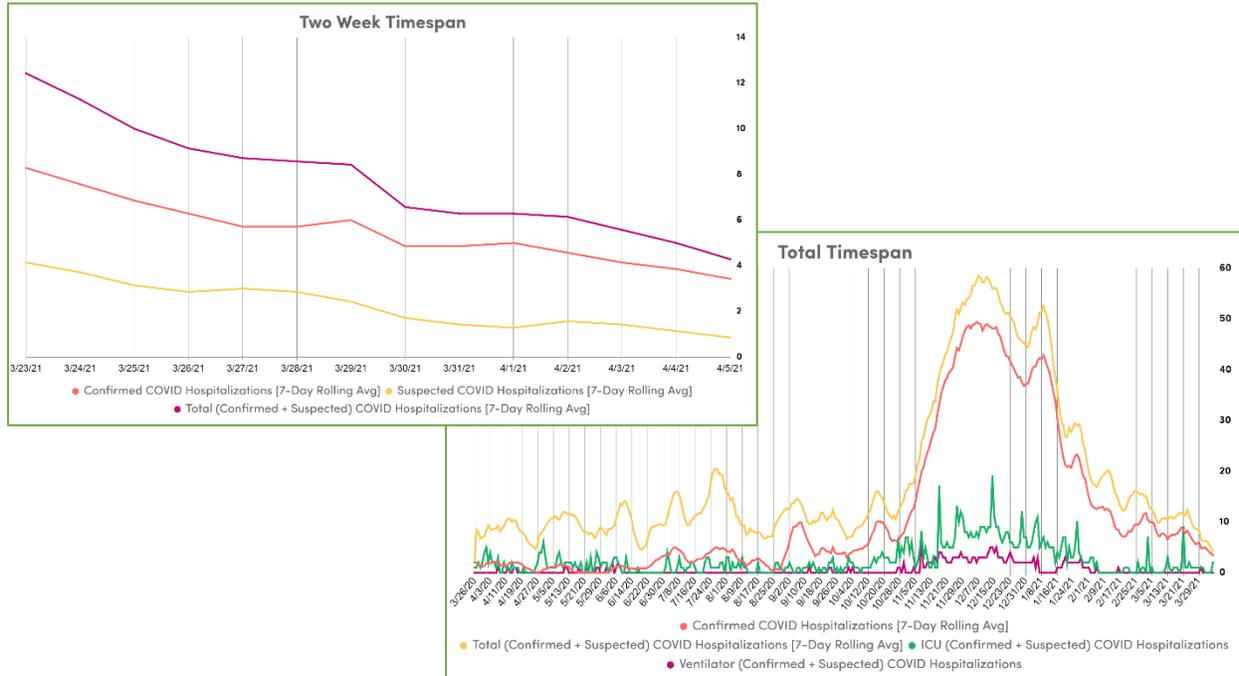
Northern Data Set



Southern Data Set



Rural Data Set



Other Updates

- The NHA continues to review and endorse county reopening plans. As part of the Governor’s Transition Plan, local mitigation and enforcement plans must receive the endorsement of the NHA. Plans for review should be emailed to chris@nvha.net.
- CDC announces that surface transmission of COVID-19 is considered to be low. There is little evidence to support the routine use of disinfectants. In most cases soap and water, once per day is sufficient.
- Americans fully vaccinated against COVID-19 can travel at low risk to themselves within the US and internationally. Social distancing and mask-wearing is still advised per the CDC.
- The NHA is planning to facilitate our annual earthquake full-scale exercise (EQ 2021) on October 21, 2021, as part of the Great Shakeout and hospital preparedness program.

Amanda Samuels is a Licensed Therapist practicing in Las Vegas.

She is proud to be married to someone working on the frontlines during this pandemic. She has made it her goal to let all of the frontline, behind the scenes, and all of those in between workers know how much they are appreciated and that their mental health matters.

Each week she provides a message in hopes to validate, educate, or encourage in regard to what you might be experiencing as you dedicate most of your time to the pandemic. She is honored to be sharing with you!

Hospital and Clinician Wellbeing

The Weekly Wrap Up is adding a new feature, "Hospital and Clinician Wellbeing." In this section Amanda Samuels will provide insights and anecdotes for life during COVID-19.

To my new friends,

Today I write to you personally. A letter to say Thank You for inspiring me. A year ago, some of you were colleagues, and some of you strangers. Today, you are all friends. Yes, even on the worst of days, when the disagreements are high, you are friends because you share a connection that those of us on the outside will never understand. A year ago, when most of us stopped living, stayed in the safety of our homes, hoarded household items (remember that), and took the "pause" as an opportunity to perfect bread recipes, focus on our physical health, and spend quality time with our families, you did the opposite. You worked, and still do, around the clock to make sure we are safe. You did not get to enjoy the extra time with your family, probably even felt a deep disconnection from them, you did not get to work on your physical health, you were lucky to get a few hours of uninterrupted sleep. You showed up every day, gave up your weekends, missed special days with your family, and sacrificed your own mental health to take care of us. You did this while under constant scrutiny from the very people you were providing safety to. Most people would have abandoned ship as soon as they did not receive the recognition and validation that most humans thrive on. But you are not most people. You stayed in the fight. You have demonstrated grit like no other, dedication despite constant obstacles, and a sense of selflessness that we will likely never experience.

So, thank you for inspiring me to keep going when I want to give up. For showing me that there is always a solution to the problem, it just might take several attempts to get there. For teaching me that dedication and consistency is the best way. For showing me that a group of strangers, with the same goal in mind, can come together despite their differences and get sh%t done. You taught me that putting our own needs aside and being uncomfortable, can be worth it when fighting for the greater good. Thank you for setting a new standard for the next generation. Thank you for showing us a beautiful example of loving your neighbor. Thank you for responding to the call. Your efforts have not gone unnoticed.

You are appreciated beyond words.
Forever Grateful,
Mrs. Samuels